

What we do . . .

We provide personalized solutions to address your unique circumstances.

We specialize in assisting older adults and families in the following ways:

- **Coordinate healthcare services:** emergent, inpatient, outpatient, transitional and hospice care; also, downsizing and seniors move services.
- **Organize** financial and estate documents, identify and address concerns.
- **Facilitate** difficult conversations on family dynamics, behavioral health, end of life care and final arrangements.
- **Educate** clients about the value of preparation, making informed decisions, the importance of meaning, legacy and dignity and, talk about what truly matters— to you.



Services

- Consulting. We evaluate your needs develop a plan of care and assist in implementing your plan when needed.
- Education. We offer presentations and workshops to small groups on the topic of eldercare planning.

Value

Our multi-disciplinary system is **unique**. We bridge healthcare, benefits, estate and financial planning, incapacity planning, clarify values and beliefs, address family dynamics and end-of-life care. This results in a comprehensive, cohesive, current and complete plan.

We achieve this by coordinating tasks and services through one person dedicated to meet your needs.

Experience

Elaine Northcutt has more than twenty years experience in eldercare. She has gained a reputation for her wealth of knowledge and skills in managing health and behavioral crises, aging and end-of-life care.



Clients appreciate her knowledge on estate planning and related services.

She is compassionate, empathetic, responsible and trustworthy.

She is bilingual in English and Spanish having been raised in Latin America.

Her passion is to support, preserve and protect the personal and financial welfare of her clients.

Contact

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Transitions in Aging

Eldercare Planning Consulting Services

Assisting individuals and families prepare for the challenges of aging

“Life is pleasant, death is peaceful, it’s the transition that is troublesome”. —Isaac Asimov

Magical Thinking

Magical thinking is the belief that conveniently denying the reality of aging makes us invulnerable and immune to growing old.

Ignoring this reality can expose you to a host of unimaginable events adversely affecting your quality of life, your family and your legacy.

Putting your personal affairs in order is an uncomfortable reality. It takes a great deal of courage and reflection to face your mortality.

Transitions in Aging is an eldercare planning consultancy that assists clients with the challenging and complex tasks related to aging.

Preparation elevates your **quality of life**. It is also— cost effective.

Protect your welfare and resources, your family relationships and your legacy.

It matters!

Plan **now**, while you have the ability to do so!



Reality

It is difficult to imagine being unable to make decisions for ourselves.

Often the first time families are confronted with this reality occurs during an unfolding medical emergency.

This results in double jeopardy, where one crisis is complicated by a second.

An effective plan can:

- Improve the quality of care you receive and often leads to better clinical outcomes.
- Mitigate cascading catastrophic events and prevent age related or subsequent calamities.

Catastrophic events are complicated by compounding miscommunication that results in poor decision making made by people you might not know who can only guess what your wishes are and may not care.

Take Action!

Putting your personal affairs in order is a process that can be overwhelming, emotionally charged and difficult to talk about.

Where do you start?

First, start with the decision and commitment to get it done! Second, seek guidance and assistance!

We help you evaluate your needs and circumstances.

- We help you with unfolding emergent situations.
- We help you navigate through the complex maze of services.
- We coach you through the planning process until it’s complete.
- We help you implement a plan.

Everyone needs a plan that is current, and is enforceable under the law for your benefit and protection!

